

Wise Emotions

Everyday Wisdom | Proverbs 19:11-12

I hope you have a great weekend. :-)

I hope you have a great weekend. :-)

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Like



Love



Haha



Wow



Sad



Angry

It's easy but foolish to let your
emotions rule you.

Fools show their annoyance at once,
but the prudent overlook an insult.

Proverbs 12:16 (NIV)

It's hard but wise to reign over
your emotions.

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1. Not anger but patience.

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Proverbs 29:22 (NIV)

An angry person stirs up conflict,
and a hot-tempered person commits many sins.

It's hard but wise to reign over your emotions.

1. Not anger but patience.

Ephesians 4:26a (NIV)

“In your anger do not sin”...

It's hard but wise to reign over your emotions.

1. Not anger but patience.

Ephesians 4:26 (NIV)

“In your anger do not sin”: Do not let the sun go down while you are still angry,

It's hard but wise to reign over your emotions.

1. Not anger but patience.

Ephesians 4:26-27 (NIV)

“In your anger do not sin”: Do not let the sun go down while you are still angry, 27 and do not give the devil a foothold.

It's hard but wise to reign over your emotions.

1. Not anger but patience.

Proverbs 14:30 (NIV)

A heart at peace gives life to the body,
but envy rots the bones.

It's hard but wise to reign over your emotions.

1. Not anger but patience.

James 1:19-20 (NIV)

My dear brothers and sisters, take note of this:

Everyone should be quick to listen, slow to speak and slow to become angry, 20 because human anger does not produce the righteousness that God desires.

It's hard but wise to reign over your emotions.

1. Not anger but patience.

Proverbs 19:11 (NIV)

A person's wisdom yields patience;
it is to one's glory to overlook an offense.

It's hard but wise to reign over your emotions.

1. Not anger but patience.
2. Not pride but humility.

It's hard but wise to reign over your emotions.

1. Not anger but patience.
2. Not pride but humility.

Proverbs 3:7 (NIV)

Do not be wise in your own eyes;
fear the Lord and shun evil.

It's hard but wise to reign over your emotions.

1. Not anger but patience.
2. Not pride but humility.

Proverbs 26:12 (NIV)

Do you see a person wise in their own eyes?

There is more hope for a fool than for them.

It's hard but wise to reign over your emotions.

1. Not anger but patience.
2. Not pride but humility.

Proverbs 18:12 (NIV)

Before a downfall the heart is haughty,
but humility comes before honor.

It's hard but wise to reign over your emotions.

1. Not anger but patience.
2. Not pride but humility.
3. Not anxiety but joy.

It's hard but wise to reign over your emotions.

1. Not anger but patience.
2. Not pride but humility.
3. Not anxiety but joy.

Proverbs 18:14 (NIV)

The human spirit can endure in sickness,
but a crushed spirit who can bear?

It's hard but wise to reign over your emotions.

1. Not anger but patience.
2. Not pride but humility.
3. Not anxiety but joy.

Proverbs 14:10 (NIV)

Each heart knows its own bitterness,
and no one else can share its joy.

It's hard but wise to reign over your emotions.

1. Not anger but patience.
2. Not pride but humility.
3. Not anxiety but joy.

Proverbs 12:25 (NIV)

Anxiety weighs down the heart,
but a kind word cheers it up.

Wise emotions are good for your
body and good for your soul.

- 7 Do not be wise in your own eyes;
fear the Lord and shun evil.
- 8 This will bring health to your body
and nourishment to your bones.

Proverbs 3:7-8 (NIV)

A cheerful heart is good medicine,
but a crushed spirit dries up the bones.

Proverbs 17:22 (NIV)

Humility is the fear of the Lord;
its wages are riches and honor and life.

Proverbs 22:4 (NIV)

We need the Holy Spirit to
shape our emotions.

22 But the fruit of the Spirit is love, joy, peace,
patience, kindness, goodness, faithfulness,
23 gentleness, self-control; against such things
there is no law.

Galatians 5:22-23 (ESV)

24 And those who belong to Christ Jesus have crucified the flesh with its passions and desires.

25 If we live by the Spirit, let us also keep in step with the Spirit.

Galatians 5:22-23 (ESV)